

TOUR HIGHLIGHTS

- ***Accra*** *– vibrant capital of Ghana and gateway to the country's rich cultural heritage*
- ***W. E. B. Du Bois Centre*** *– celebrating the influential scholar and Pan-Africanist*
- ***Kwame Nkrumah Memorial Park*** *– exploring Ghana's journey to independence and its first president*
- ***Kumasi*** *– cultural heartland of the Ashanti Kingdom and its enduring traditions*
- ***Bonwire & Ntonso*** *– traditional Kente weaving and symbolic Adinkra cloth-making*
- ***Manhyia Palace*** *– royal heritage and traditions of the Ashanti Kingdom*
- ***Ghana Cocoa Farm*** *– firsthand look at the cultivation of one of Ghana's most important crops*
- ***Kakum National Park*** *– tropical rainforest and spectacular canopy walkway*
- ***Elmina Castle*** *– UNESCO World Heritage Site and powerful legacy of the transatlantic slave trade*
- ***Cape Coast Castle*** *– moving journey through African history,*

YOUR DAY-BY-DAY ITINERARY

DAY 1: NEW YORK / ACCRA

We depart on an international overnight flight to Accra, Ghana. Dinner and breakfast are served on board.

DAY 2: ACCRA

Upon arrival in Accra, we are welcomed by our Tour Guide and board our motorcoach for the transfer to our hotel. Accra, Ghana's vibrant capital, offers a fascinating introduction to the country, blending modern development with traditional neighborhoods, colorful markets, lively streets, and a rich cultural heritage. As we make our way through the city, we begin to experience the warmth and energy of Ghana and its people. Dinner and overnight in Accra. (D)

DAY 3: ACCRA

Today, we explore the history and cultural heritage of Accra. We visit the W. E. B. Du Bois Centre for Pan-African Culture, dedicated to the influential scholar and Pan-Africanist who spent his final years in Ghana. We continue to the National Museum of Ghana, whose collections introduce us to the country's history, traditions, and artistic heritage. Next, we visit Kwame Nkrumah Memorial Park to learn about the life and legacy of Ghana's first president and the country's journey to independence. Our tour concludes at the Arts Centre, where we have an opportunity to browse traditional handicrafts, textiles, carvings, and other locally made items. The afternoon is at leisure. Dinner and overnight in Accra. (B/D)

DAY 4: ACCRA / BONWIRE / NTONSO / AHWIAA / KUMASI

After breakfast, we journey north to Kumasi, the historic heartland of the Ashanti people and one of Ghana's most important cultural centers. En route, we visit Bonwire, famous for the traditional weaving of colorful Kente cloth, where we learn about this celebrated textile and the skills passed from generation to generation. We continue to Ntonso, known for its traditional Adinkra cloth and symbolic designs, and learn about the meanings behind these distinctive patterns. Our

next stop is Ahwiaa, renowned for its skilled woodcarvers and traditional Ashanti stools and crafts. We then continue to Kumasi, where Ashanti traditions remain an important part of everyday life. Dinner and overnight in Kumasi. (B/D)

DAY 5: KUMASI

Today is devoted to discovering the fascinating heritage of the Ashanti Kingdom. We visit the Kumasi Centre for National Culture and the Prempeh II Jubilee Museum, where exhibits provide insight into Ashanti history, royal traditions, craftsmanship, and ceremonial life. We continue to Manhyia Palace, the traditional seat of the Asantehene, the King of the Ashanti people. In the afternoon, we travel into the surrounding countryside to visit a local cocoa farm, where we learn about the cultivation of one of Ghana's most important agricultural products and its significance to the country. Dinner and overnight in Kumasi. (B/D)

DAY 6: KUMASI / KAKUM NATIONAL PARK / ELMINA / CAPE COAST

After breakfast, we travel south toward Ghana's historic Central Region. We visit Kakum National Park, renowned for its lush tropical rainforest, diverse plant life, and spectacular scenery. Those who wish may experience the famous canopy walkway suspended high above the forest floor, offering a remarkable perspective of the rainforest. Alternatively, enjoy a nature walk while learning about indigenous plants and their traditional uses. We continue to Elmina, where we visit historic Elmina Castle, also known as St. George's Castle. Built by the Portuguese in 1482, it later became deeply connected to the transatlantic slave trade. Our visit offers a moving opportunity to reflect upon this difficult chapter of African and world history. We continue to Cape Coast. Dinner and overnight in Cape Coast. (B/D)

DAY 7: CAPE COAST

This morning, we continue our exploration of Ghana's powerful historical legacy with a visit to Cape Coast Castle, one of the most significant sites associated with the transatlantic slave trade. We walk through its courtyards, chambers, and dungeons while learning about the experiences of the countless enslaved Africans who were imprisoned here before being transported across the Atlantic. The visit provides an important opportunity for remembrance and reflection and a deeper understanding of the historical connections between West Africa, the Caribbean, and the Americas. The balance of the day allows us to further experience the atmosphere and heritage of the Cape Coast area. Dinner and overnight in Cape Coast. (B/D)

DAY 8: CAPE COAST / ACCRA / NEW YORK

This morning, we depart Cape Coast and travel northeast through the Ghanaian countryside to Accra. Upon arrival, we visit colorful Makola Market, one of the city's busiest commercial centers and a wonderful place to experience the sights, sounds, and everyday life of a traditional West African marketplace. Following lunch or dinner at a local restaurant, we transfer to Accra International Airport for our overnight flight back to New York. (B/L or D)

DAY 9: NEW YORK

We arrive in New York today, bringing home lasting memories of Ghana's remarkable history, vibrant traditions, cultural treasures, and warm hospitality.

