

# Ghana, retracing our Roots

Accra • Kumasi • Cape Coast

9 days



Door of No Return, Ghana

## YOUR DAY-BY-DAY ITINERARY

**DAY 1 - DEPARTURE NEW YORK TO ACCRA** – Our jet departs in the evening from New York for our journey to Ghana. Dinner and breakfast will be served during the overnight flight. (D,B)

**DAY 2 - ACCRA** – Upon arrival in Accra, Akwaaba, we will be met by our tour representative who will assist us through immigration and customs. We proceed to hotel for check in. Accra is the Capital of Ghana with a population of over 3.5 million people. We will experience Accra's vibrancy through its traffic its lush residential areas for the rich and traditional buildings for the middle income and low income people. As cosmopolitan city you will hear various languages spoken by the residents of Accra. We will proceed to visit the W.E.

Du Bois centre for Pan African Culture, the national Museum for collection of pre historic and contemporary artifacts. Continue to Nkrumah Park for a guided tour into the life and work of the first president of Ghana. Visit the Arts Centre for shopping. Return to your hotel. Overnight in Accra. (D)

### DAY 3 - ACCRA/KUMASI –

After breakfast at our hotel, we drive North to Kumasi, the cultural city of Ghana and the home of the Asantehene the traditional head of the Ashanti. Where you will see lots of people clad in the world famous Kente. Kente cloth is the epitome of culture and pride of the Asantes. Proceed to the craft village of Bonwire the home of the famous kente cloth learn about its origin and the weavers how it passes on from generation to generation.

Leave Bonwire to Ntonso for traditional Adinkra cloth where you can also make your own patterns and learn how the back colour of the cloth is made. Continue to Ahiwaa for the Wood Carvings and fertility doll, the famous Ashanti stools for the chiefs and queens. Continue to your for overnight. (B,D)

**DAY 4 - KUMASI** – After breakfast, we visit the cultural centre which includes the Prempeh II Jubilee Museum. We drive to the Manhyia Palace, home of Asantehene, the King of Asantes. In the afternoon we will visit a Coco Farm in a village (Golden Pot) and return to Kumasi for dinner and overnight. (B,D)

**DAY 5 - KUMASI/HERITAGE TOUR/ CAPE COAST** – After breakfast, we drive south to visit Kakum National Park which has a variety of medicinal plants. Enjoy a walk on

one of the only four canopy walkways in the world and view the various levels of this tropical rain forest. Or trek on the Kenton trail and get to know the medicinal value of the various African tree species. Continue to the Central Region and the Cape Coast which is one of the most historical cities in Ghana. We continue to Elmina Castle (also known as the Castle of St. George), the first European edifice constructed in Africa by the Portuguese in 1482. Elmina Castle was taken over in 1637 by the Dutch who retained control for 274 years. Dinner and overnight in Cape Coast. (B,D)

**DAY 6 - CAPE COAST** – After breakfast, we continue our tour of the Cape Coast where most of the oldest and best schools in Ghana are located. This morning we visit Cape Coast Castle through which thousands of slaves were shipped to the Caribbean and the United States. The castle was the seat of British Colonial administration until 1877 when government offices moved to Christianborg Castle in Accra and has been designated by the United Nations as a World Heritage Monument. Dinner and overnight in Cape Coast. (B,D)

**DAY 7 - CAPE COAST/ACCRA** – After breakfast, we drive through beautiful countryside as we drive northeast to Accra where we will stop at the Makola market, the largest open air market in the city. Dinner and overnight in Accra. (B, D)

**DAY 8 - ACCRA** – After breakfast, we have a full day at leisure to pursue personal interest, shopping, visit a local church or just enjoy. Dinner and overnight Accra (B,D)

**DAY 9 - USA** – Breakfast at the hotel, we depart for Accra International Airport for departure formalities. We say DAYIE (bye-bye) to our new found brothers and sisters as we depart for our flight home, taking with us memories of the beautiful land of Africa. (B)

\* (B,L,D) = Breakfast, Lunch, Dinner